

FUTURE READY LEADERSHIP

UNLOCK YOUR
LEADERSHIP POTENTIAL
with

BlueChipMINDS

Designed to expand your capacity to lead, learn
and live better by giving you the knowledge,
skills and tools to transform
yourself and your team.

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SUMMARY

A four month self-lead, facilitator guided digital program limited to an intimate and diverse group of carefully selected members all committed to improving their capacity to lead themselves and others.

You will:

- Understand essential psychology and neuroscience principles in the context of leadership.
- Delve into the subconscious programming that defines you and your leadership style.
- Deploy techniques based on neuroscience and psychology to shift outdated mindsets.
- Intelligently manage your energy to maintain strong physical, mental, emotional and spiritual foundations to flourish.
- Uncover your deeper Yes in order to say No to the things that don't serve you or your mission.
- Build lasting relationships with your cohort as you collect and apply tools and frameworks for leading today and into the future.

SUMMARY

LOCATION

VIRTUAL CLASSROOM

The modules are delivered via an effective online platform giving you the flexibility to schedule your learning to your lifestyle without sacrificing the things that are important to you. Scheduled group sessions are held via video conferencing allowing you to participate from any location, on any device with a stable internet connection. Unique locations are chosen for the integration session for each program. Details can be found at www.bluechipminds.com

COMMITMENT

CONTACT HOURS

Program duration: 16 weeks.

Online modules and worksheets: 1 hr per week.

Group sessions: 1 hr every two weeks.

Live integration: 8 hrs. (Melbourne)

Accountability partners: min 1 hr every two weeks.

Private coaching: 90mins in total.

FORMAT

PROGRAM INCLUSIONS

- Intimate cohort limited to eight leaders.
- Seven virtual group sessions. {via Zoom Conferencing}
- Eight online modules.
- Curated resources.
- Invite to a fully catered live integration masterclass.
- Accountability partner.
- Peer coaching.
- 3 x 30 minute personal mentoring sessions.
- Handbook and additional resources.

CURRICULUM

PREWORK



Identify holistically your current and future state of play and discover your unique opportunity for improvement.

KICK OFF



Meet your cohort and ensure you have everything you need to gain the most out of your time together.

MODULE 1



Based on the human sciences uncover and change inherited glitches. Develop a leader's mindset to align yourself to your desired outcomes.

MODULE 2



Shift thinking and control unwanted emotional reactions in stressful situations. Create positive and empowering outcomes for you and those you lead.

MODULE 3



Overcome the internal protective mechanisms designed to keep you safe, but keep you stuck. Use your environment and mind to lead effectively.

INTEGRATION MASTERCLASS



A full day live immersion and experiential deep dive to help you integrate the key principles and connect with your cohort members.

CURRICULUM

MODULE 4



Based on neuroscience learn effective frameworks for removing internal obstacles and form positive leadership rituals.

MODULE 5



Develop empathy, discover unique polarities, build collaborative and open listening skills to solve wicked problems.

MODULE 6



Solving wicked problems requires many minds in sync. Learn the formula for group Flow to produce extraordinary results.

MODULE 7



Effectively manage the four pillars of being Human for enhanced well-being to show up and thrive in times of uncertainty.

CLOSING SESSION



Reflect on your learnings, clarify principles and get set to fully and courageously live your Leadership journey.

Course content may shift to ensure we continue to present the most up to date, relevant and impactful information possible to cohort members. The curriculum flow is subject to updates.

PROGRAM OBJECTIVES

PREWORK

CHALICE OF OPPORTUNITY

You'll be confident with your goals and intentions for the program as you are introduced to the five stages of adult development and the benefits of increasing your mental complexity allowing you to better understand yourself and those you lead. You will also reflect on the seven key areas of life to identify what is impacting your leadership in a positive way and what may be distracting you from bringing your whole self to the role of leader.

PROGRAM LAUNCH

KICK OFF SESSION

We want you to forge lifelong personal and professional relationships with the rest of the members. This session will be the beginning of a new network which we hope will be core to your leadership journey. We also want to make sure you have everything you need to gain the most from the program and we use this time to ensure all your initial questions are answered and you are familiar with the logistics and expectations of the group.

MODULE 1

YOUR MIND MATTERS

Mindset plays a critical role in how you overcome your personal and professional challenges. You will be given a complete understanding of the functions of your conscious, analytical and subconscious mind and the roles they each play in problem solving, innovation, protection, and establishing productive behaviours. You will use the fixed-growth mindset continuum to recognise where you can shift your thinking to enhance your leadership style and how to help those you lead to tap into their unused potential.

PROGRAM OBJECTIVES

MODULE 2

BEYOND DRAMA

We introduce two dynamic models to help you and your team shift thinking and better control unwanted reactions in stressful situations. You will learn how to identify the negative roles people play when faced with issues and problems. You will be given a complete understanding of how to switch to a more empowered approach ensuring sustainable adult development for you and those you lead.

MODULE 3

FORTIFY THE FUTURE

Building on what you learn in modules 1 and 2, you will be ready to discover your internal protective systems that are designed to thwart change. These two systems are linked to self sabotage and imposter syndrome. When fully understood they can be harnessed for greater success. To work with them you will create your unique leadership blueprint and using the principles of neuroscience and psychology forge a future ready leadership identity.

LIVE INTEGRATION

MASTERCLASS

We'll dive into the nuts and bolts of the first three modules with you in person, giving you an opportunity to escape your daily environmental triggers and to try on your new leadership identity in the safety of the group. We will introduce activities that promote Flow and enhance your well-being while making sure you have a robust understanding of the topics presented. By the time the day ends, we want you to experience the power of the content so you'll have a reference point for when you deploy this in your role as leader.

PROGRAM OBJECTIVES

MODULE 4

PRACTICE MASTERY

As you continue to step into your updated identity as a leader you will need to establish a new mindset and behaviors. We will use neuroscience and the latest and greatest techniques to bring your actions in line with your leadership blueprint. We want you to understand the highs and lows of creating new behaviors and the mental models of a true master. We will guide you to create a mastery mindset with effective frameworks for positive habit and ritual formation.

MODULE 5

IN THEIR SHOES

We use cutting edge theories on perception and sense making to equip you with a wide angle lens for making accurate decisions in an increasingly overloaded and complex world. You will have at your fingertips two models to help you lead and make sense of polarising ideas, solve wicked problems and tap into information most leaders believe to be inaccessible.

MODULE 6

EXTRAORDINARY LEADERSHIP

Drawing on the work of Mihaly Csikszentmihalyi and the Flow Genome Project we will focus on Flow and optimal experiences. We will help you understand the mental, physical, emotional and spiritual benefits of being in Flow. You will learn the the Flow cycle, Flow triggers and characteristics of Flow for deploying them for yourself and with your team. You will learn how to curate a culture that supports Group Flow leading to team coherence and the ability to tap into collective intelligence.

PROGRAM OBJECTIVES

MODULE 7

BEING HUMAN

We want you to thrive as a leader and here is your chance to reflect on your foundational practices as a human. We will show you how to effectively manage the four pillars of well-being to avoid burnout and breakdown. You will proactively create a well-being strategy for yourself and your team to ensure you have measures in place that keep you all performing at your best without neglecting the things that are important to you.

CLOSING SESSION

LIVE YOUR LEADERSHIP JOURNEY

This is your opportunity to celebrate and share your successes. After sixteen weeks together you will reflect on the information you have not only learned, but also embodied. Together we tie up any loose ends of principles left undone for you and ensure you have the tools and support to lead with confidence, agility and courage well into the unknown future.

BLENDED LEARNING



ON THE GO

Self study modules are delivered as training videos, mp3 recordings and a complimentary study handbook. Access the training online from any desktop or mobile device anytime and from anywhere that suits your schedule.



ONLINE

Live check-in sessions held via a Zoom virtual classroom allow you to fully integrate the content as you share insights, wins and challenges. Ask questions of your facilitator and the cohort to clarify the principles covered in each module.



FACE TO FACE

At the mid-way point we meet face to face to consolidate and share valuable insights and discuss key learnings. An unmissable opportunity to deepen your understanding and enhance relationships within the cohort and yourself.



COACHING &
MENTORING

Learning is a personal experience and is greatly enhanced with peer coaching and personal 1:1 mentoring sessions with your facilitator. These interventions allow you to explore the principles in a personalised and insightful way.



ABOUT BLUE CHIP MINDS

Blue Chip Minds (BCM) is an organisation dedicated to helping individuals and businesses to unlock their hidden potential, achieve personal mastery, increase productivity, tune into flow and thrive now and well into the future.

BCM curated content provides education and application on what science is discovering about the human experience. All programs are evidence-based, bringing together the latest findings in: positive psychology, flow science, neurobiology, quantum theory, emotional intelligence, epigenetics and neuroscience.

BCM has worked with organisations in sectors including; banking and finance, entertainment, medical, logistics, technology, education, procurement, event management, health & fitness, manufacturing and retail.

Our programs have been taught in Australia, Singapore, Hong Kong, India, United Arab Emirates, United Kingdom, United States and Canada.

VISION

To be an integral part of building a world where organisations and individuals achieve exponential growth. Enabling everyone to make a positive impact in their team, family, social circles, community and the world we live in.

MISSION

Deliver world class, cutting edge, high-impact and practical workplace education and coaching so that everyone we teach is on purpose creating and contributing from a place of inspiration.

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“If your actions
inspire others to
dream more,
learn more,
do more and
become more,
you are a leader.”

Simon Sinek

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