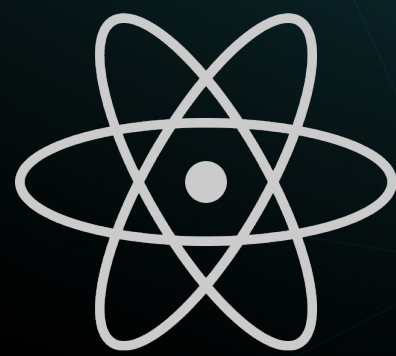


Surviving and Thriving in VUCA Conditions

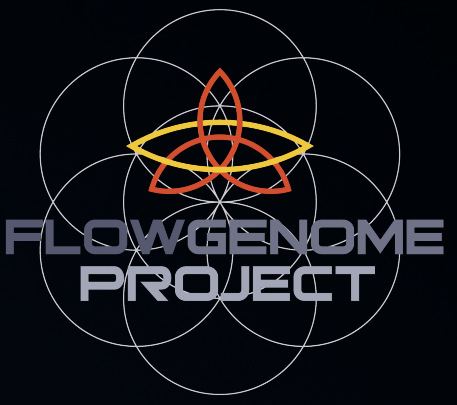




Quite clearly, our task is **predominantly metaphysical**, for it is how to get **all of humanity** to educate itself swiftly enough to **generate spontaneous social behaviors that will avoid extinction.**

—Buckminster Fuller

Caveat Emptor



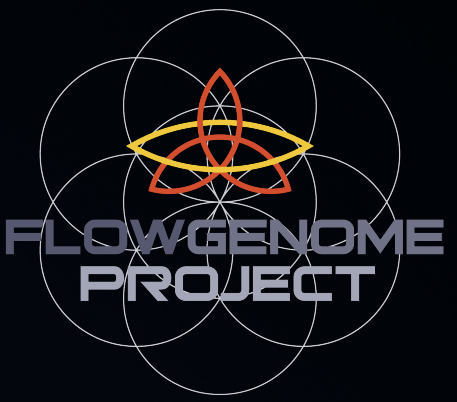
Nothing we have to say constitutes:

Medical
Legal
Financial
Pastoral

Advice

Do Your Own Homework, Make Your Own Decisions!

Why Us?



20 years in Wilderness Medicine and Mountain Guiding–Nepal, Tibet, Rockies, Sierras, Oceans

Academic Career studying clash (and crash) of civilizations, utopian movements and revivals,
and environmental history (resilience of ecosystems and culture)

Deep experience in permaculture, sustainable community building, off-grid living

Leadership Training elite athletes, spec ops military and CEOs

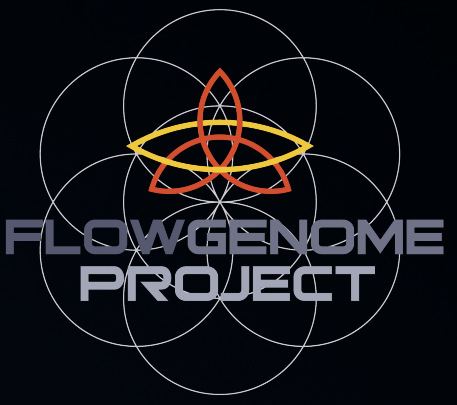
Management Consulting through '08 Crash

High Value/High Trust Social Network–academia, agencies, military, x-risk, business

My best vacation is your worst
nightmare.

Jim Bridwell

Agenda



Situational Assessment

Helpful Frames for Improved Sense-Making and Decision Making

Brass Tacks Advice (what to do, what to buy, where to go)

What do we do now?

Staying Alive

Coming Alive

We are here



"Every morning I awake torn between a desire to **save the world** and an inclination to **savor it**. This makes it hard to plan the day. But if we forget to savor the world, what possible reason do we have for saving it?

In a way, the savoring must come first."

—E.B. White

What Time Frame Are We Looking At?

Once in a Decade

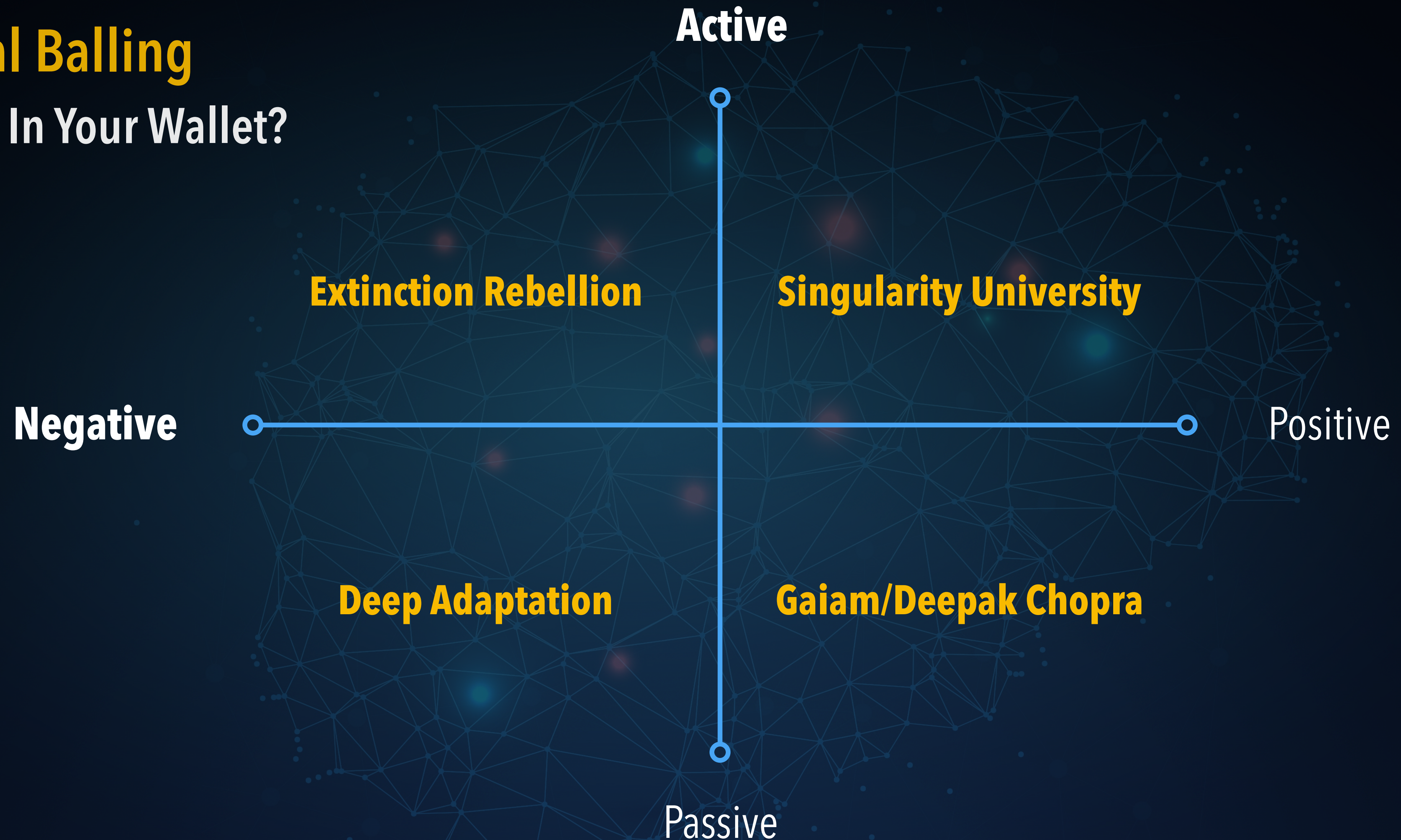
Once in a Century

Once in a Millenium

Once in an Epoch

Crystal Balling

What's In Your Wallet?



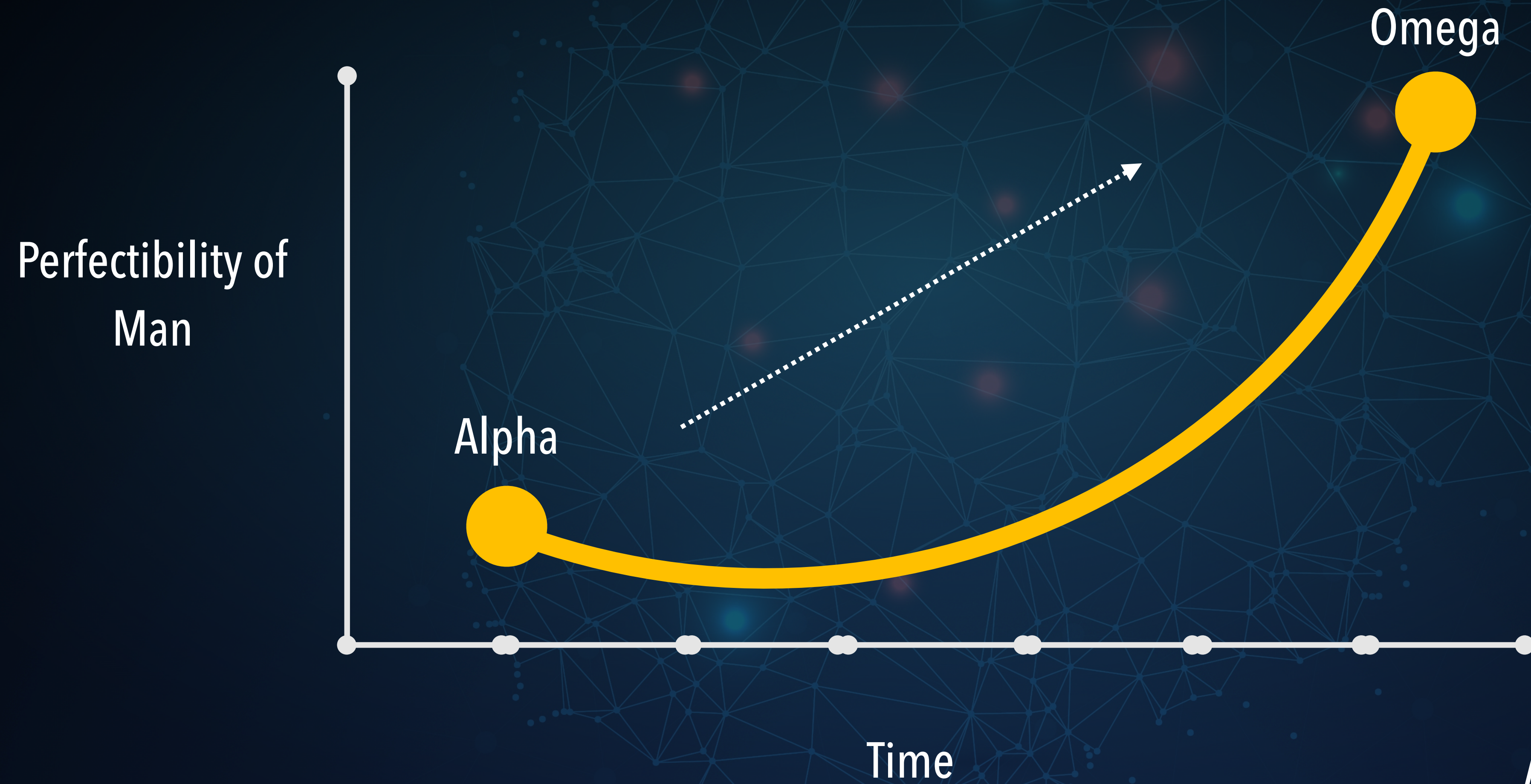
Part I:

It's Going to Get Worse Before It Can Get Better

Part 2: Magical Thinking Won't Save Us

The Ozymandias Effect

Traditionalism vs. Utopianism



Alpha = The beginning of time
Omega = The End of Time

The Ozymandias Effect

Traditionalism vs. Utopianism



Rate Limiters To Appropriate Responsiveness

Complexity

Sacred Cows

Grief

+ Deep Survival

Part 3:

We Might Do Everything Possible and Not Everyone Makes It

"We are entering an age where billions watch while millions die"
-Zak Stein

Nobody Promised Us a Rose Garden

American Exceptionalism (born on 3rd)

Infinite Game Fragility (vs. Finite Terrorists)

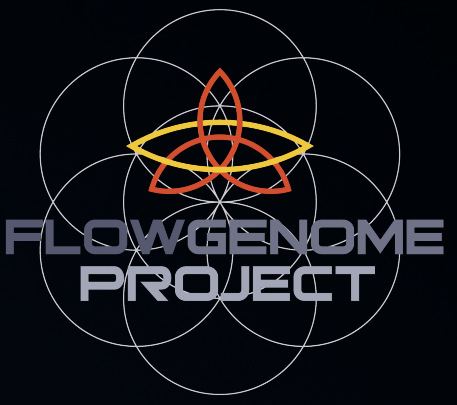
Scenario Planning: Complex Chaordic Systems Collapse

(or: a little reef rash or a three wave hold down)





Agenda



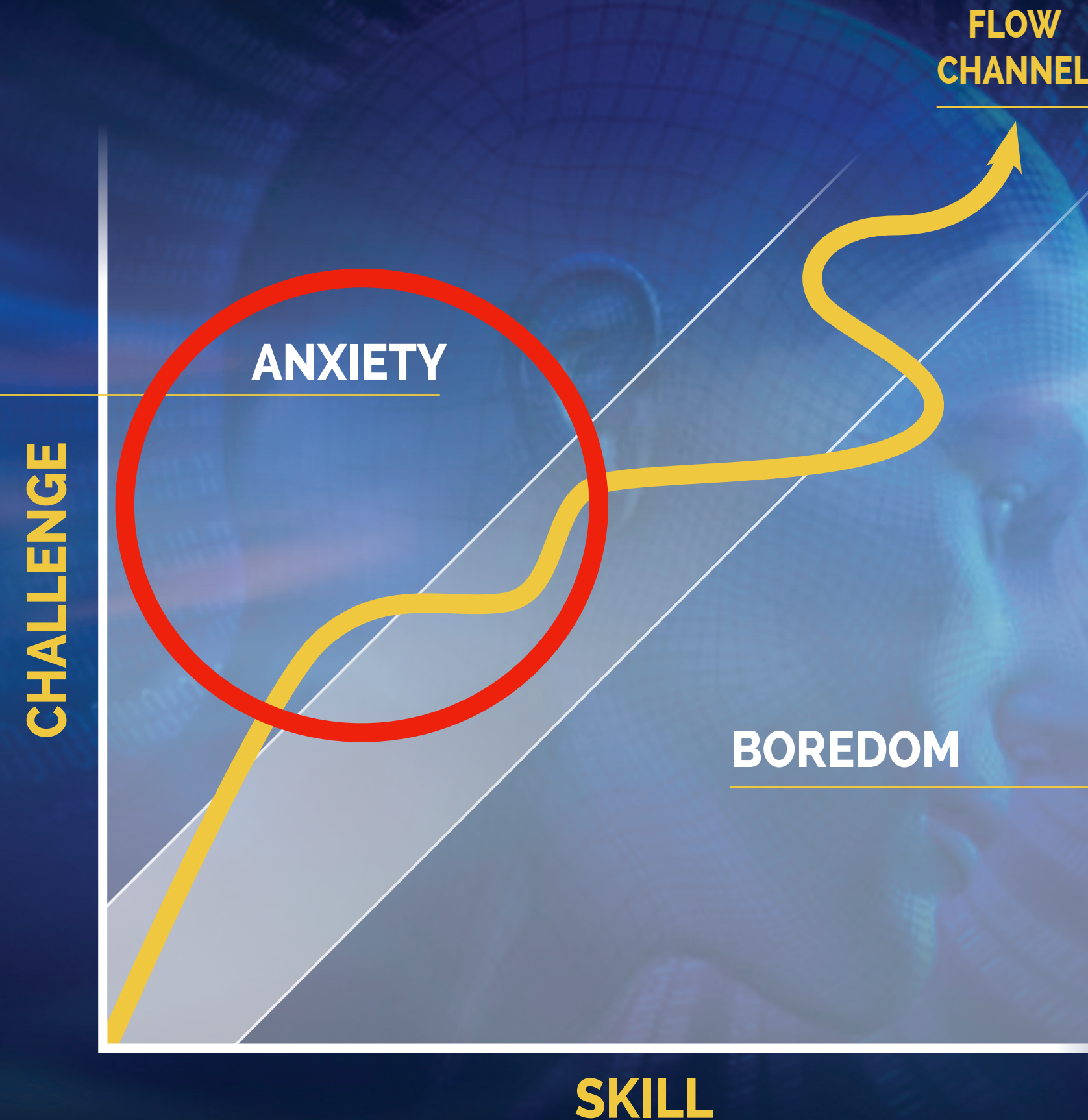
Situational Assessment

Helpful Frames for Improved Sense-Making and Decision Making

Brass Tacks Advice (what to do, what to buy, where to go)

Things Just Got a Little Spicier

Too hard? Regress
the challenge—
slow things down
and simplify, focus
on technique more
than outcome



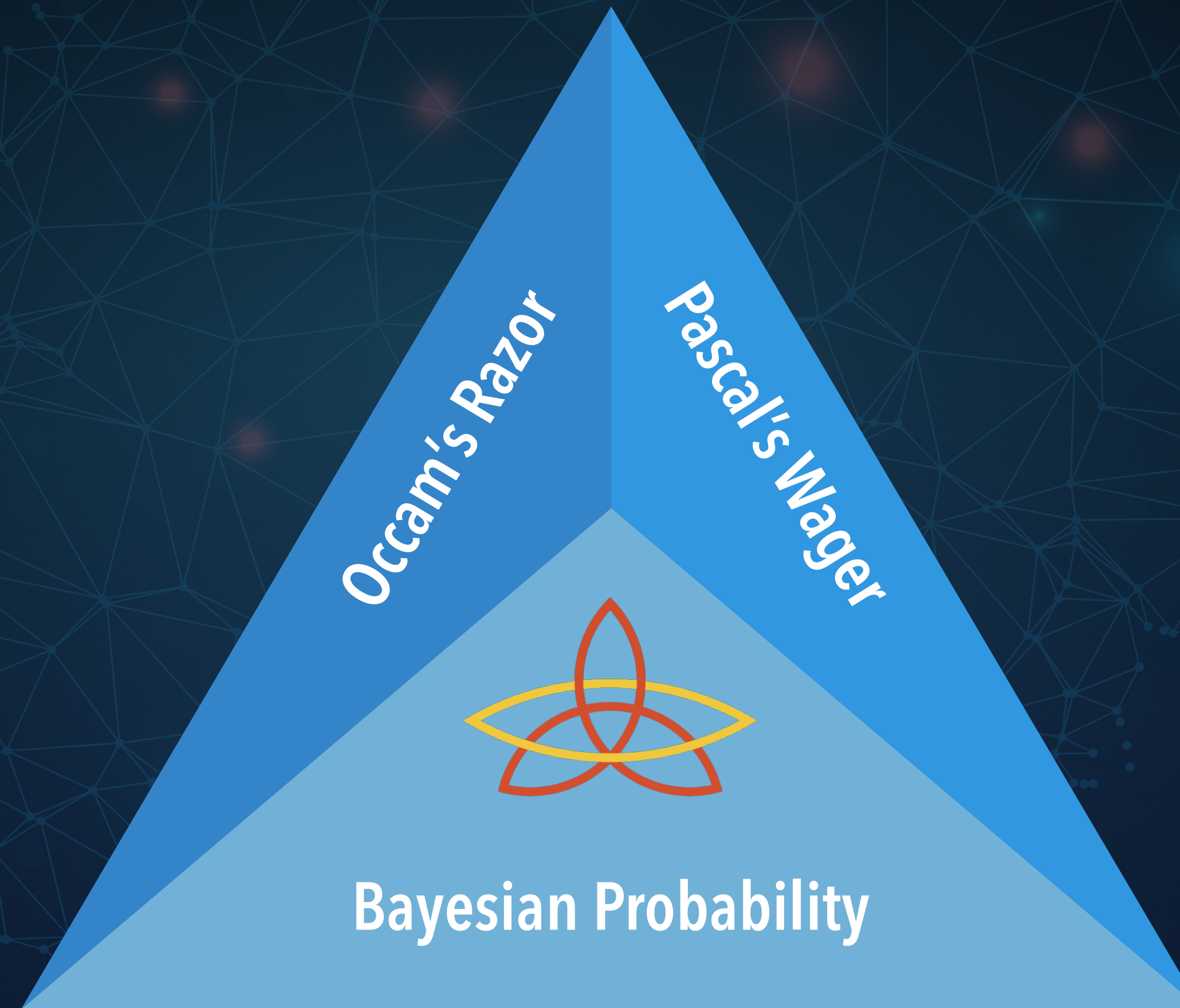
In Flow? Transgress
the challenge. Create
something new with
those emerging skills
and insights!

Too easy? Progress
the challenge—mix
things up, self-
handicap, or take
on something new

Challenge/Skills Equation by Mihaly Csikszentmihalyi.

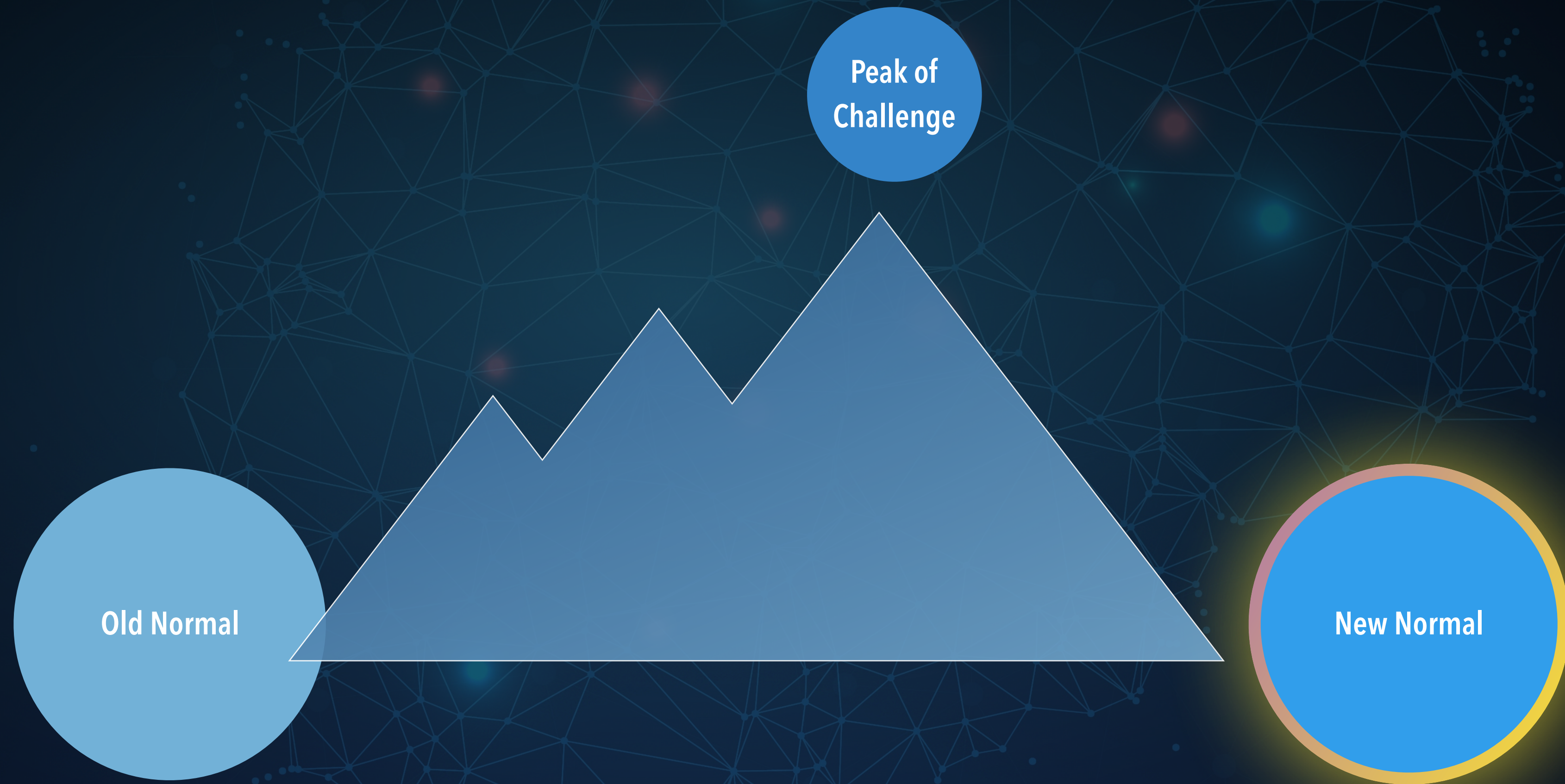
Post-Conventional OS

For Making Sense of the Non-Sense

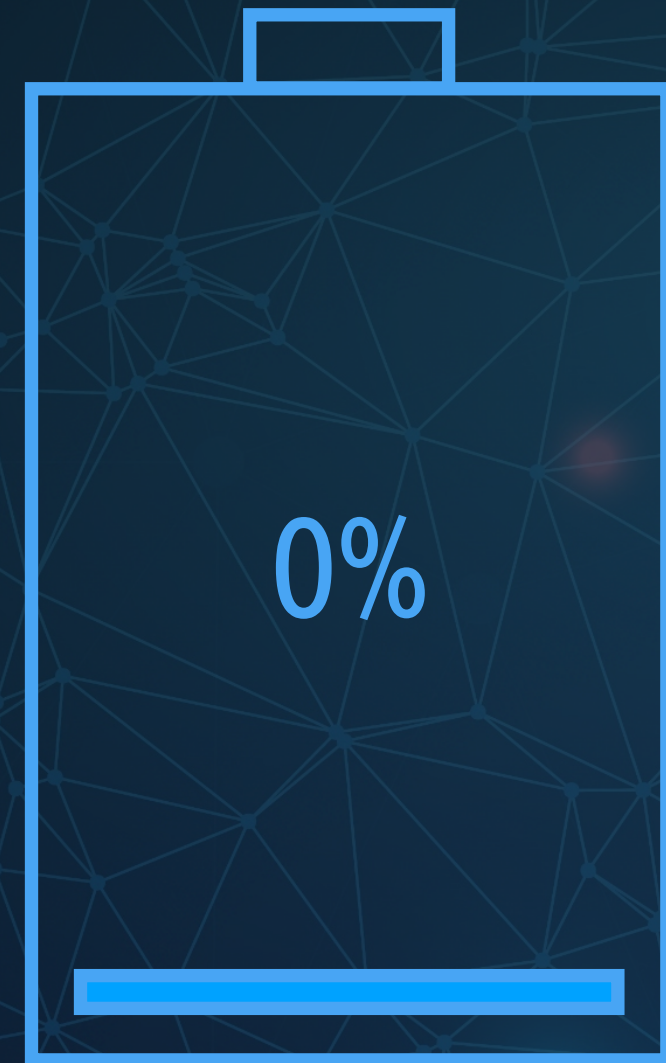


No Easy Days (for a while)

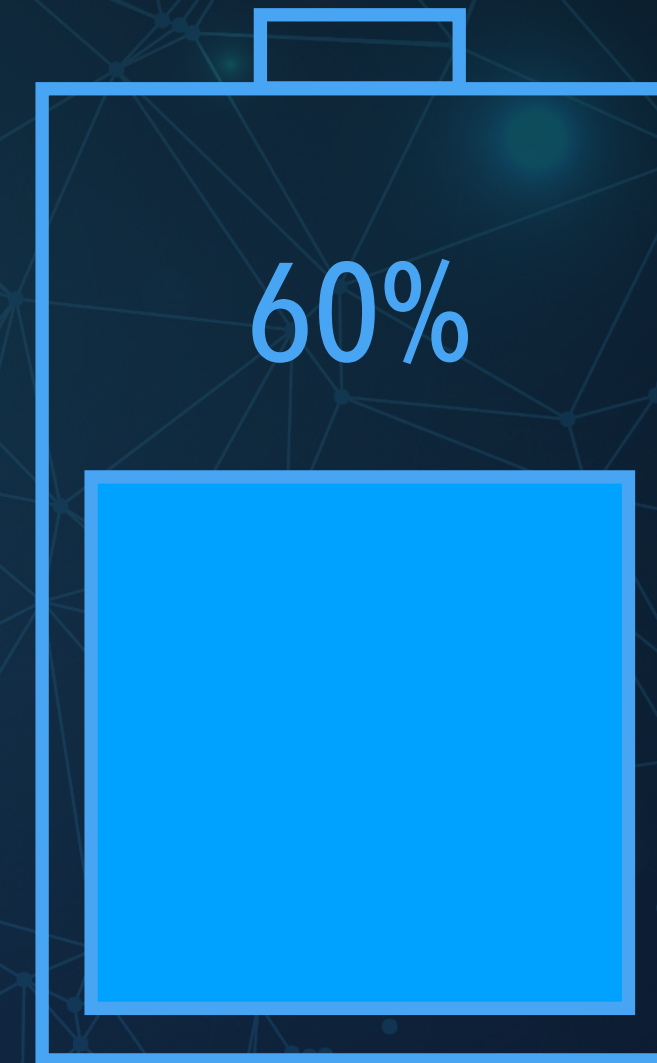
Recover on the 'less' steep



Active vs. Passive Recovery: Trickle Charge!

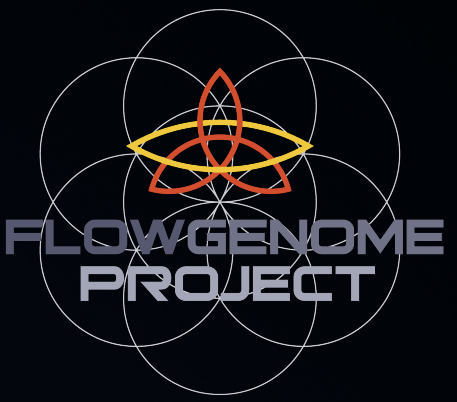


Passive



Active

Meaning 2.0



01 ECSTASIS

Inspiration

02 COMMUNITAS

Connection

03 CATHARSIS

Healing



Ladder of Inference 2.0



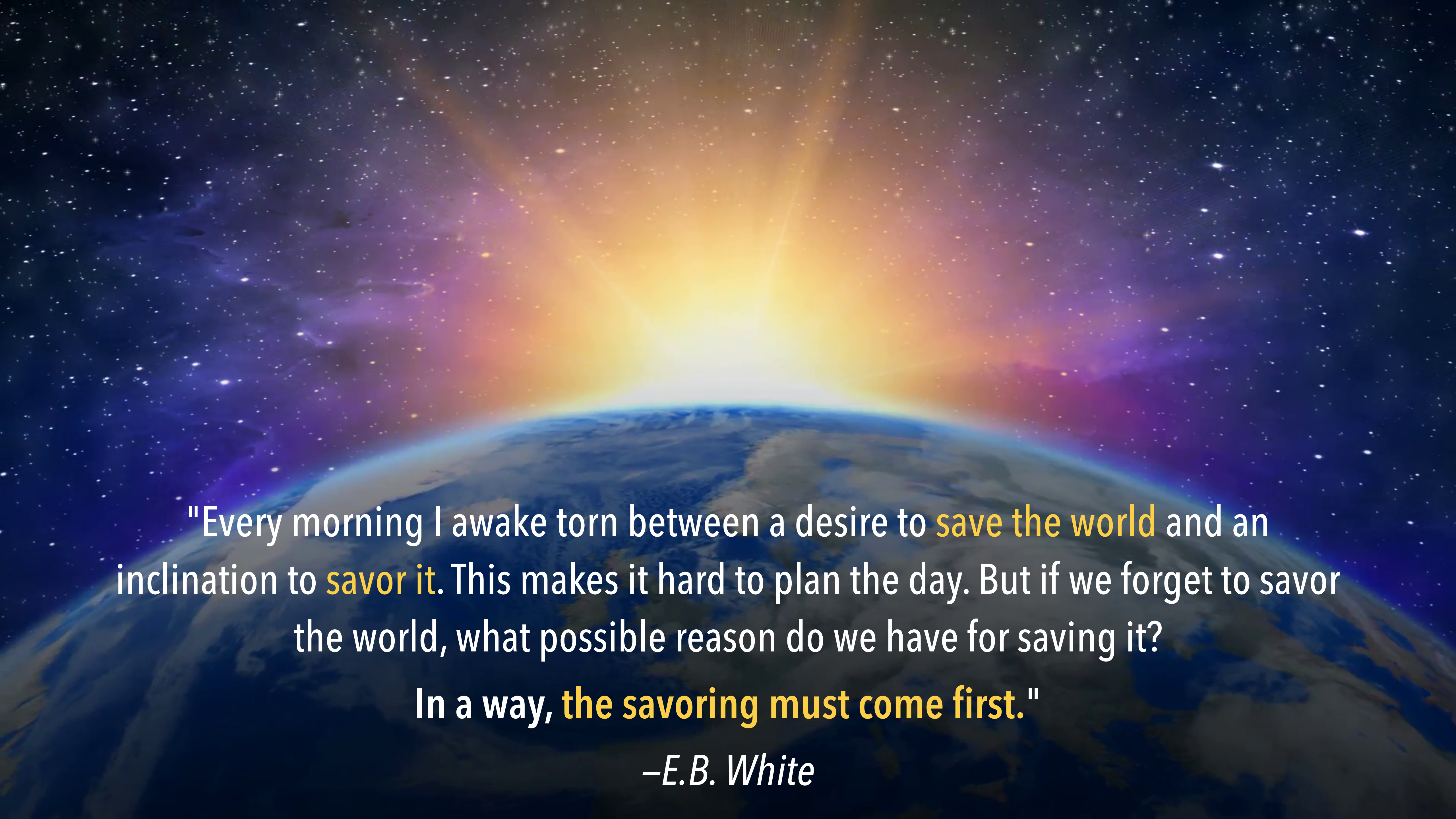
Progression of Capacity

Bio/psycho/social/spiritual



Matching State to Task: Travel, Rebound, Dampening and Steering





"Every morning I awake torn between a desire to **save the world** and an inclination to **savor it**. This makes it hard to plan the day. But if we forget to savor the world, what possible reason do we have for saving it?

In a way, the savoring must come first."

—E.B. White

Good News

An Optimist Guide to Hopepunk

Regen Villages: Tech-Integrated and Regenerative Residential Real Estate Development

Weave: The Social Fabric Project

Geoship: Regenerative Architecture

Falter

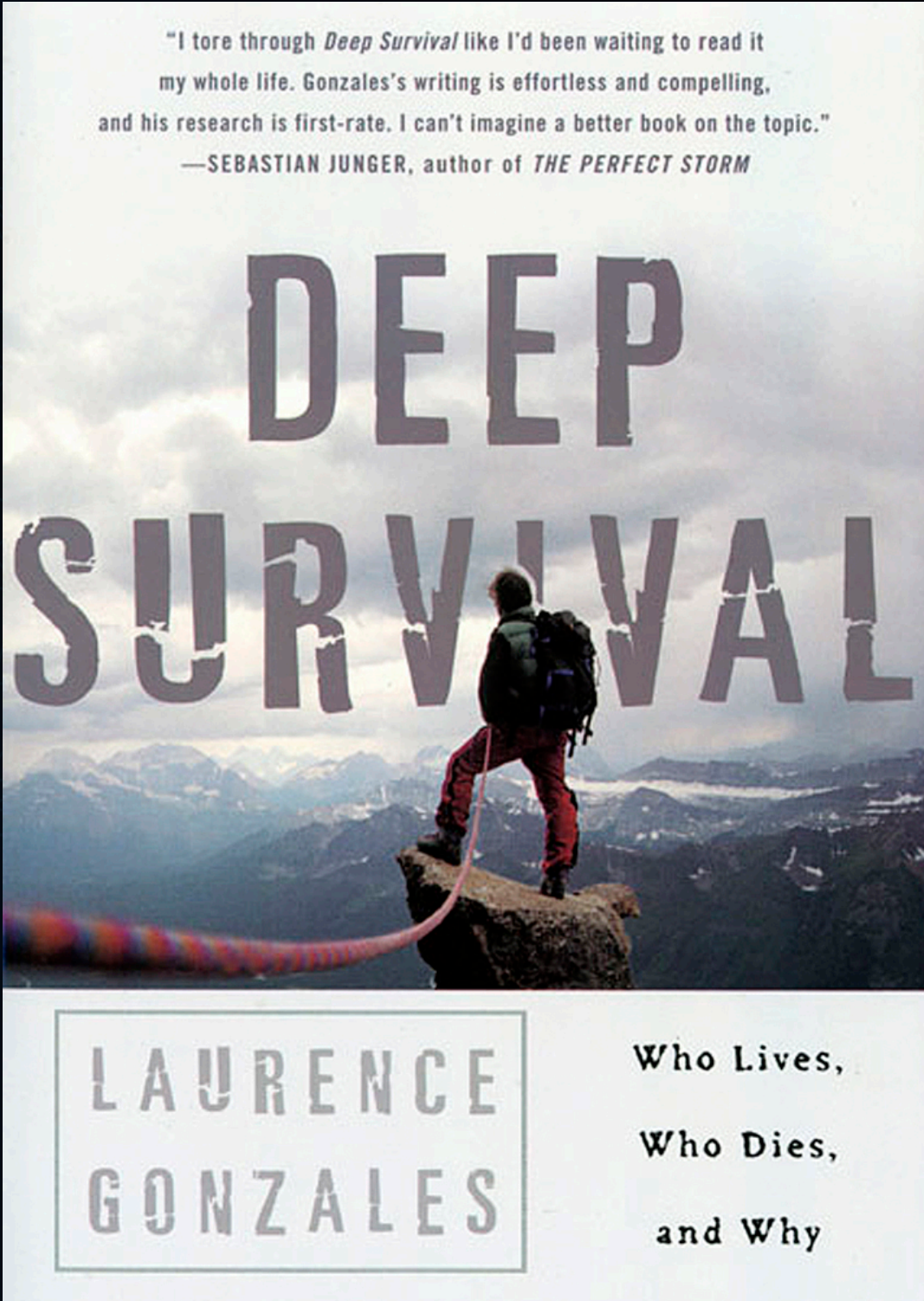
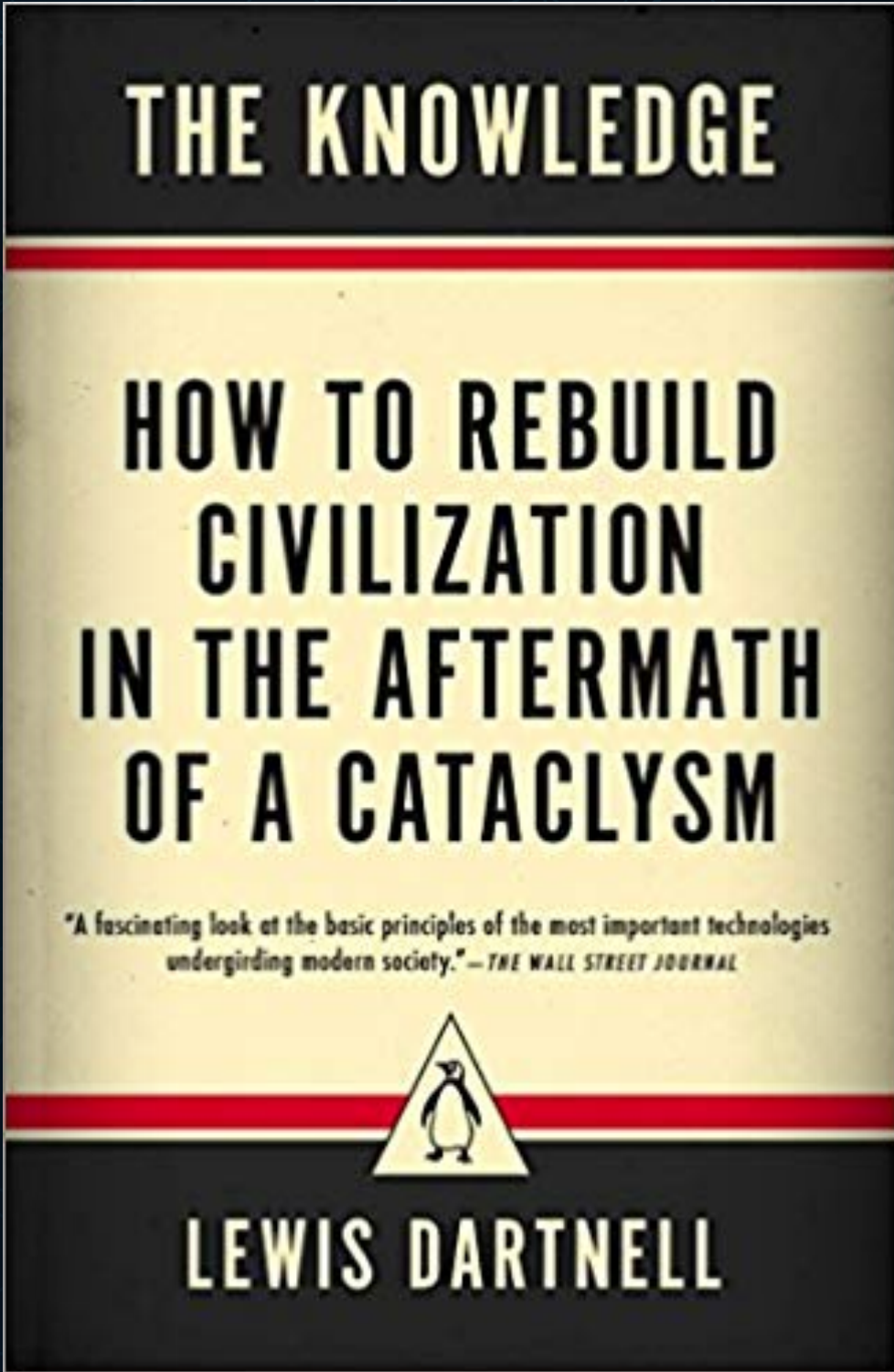
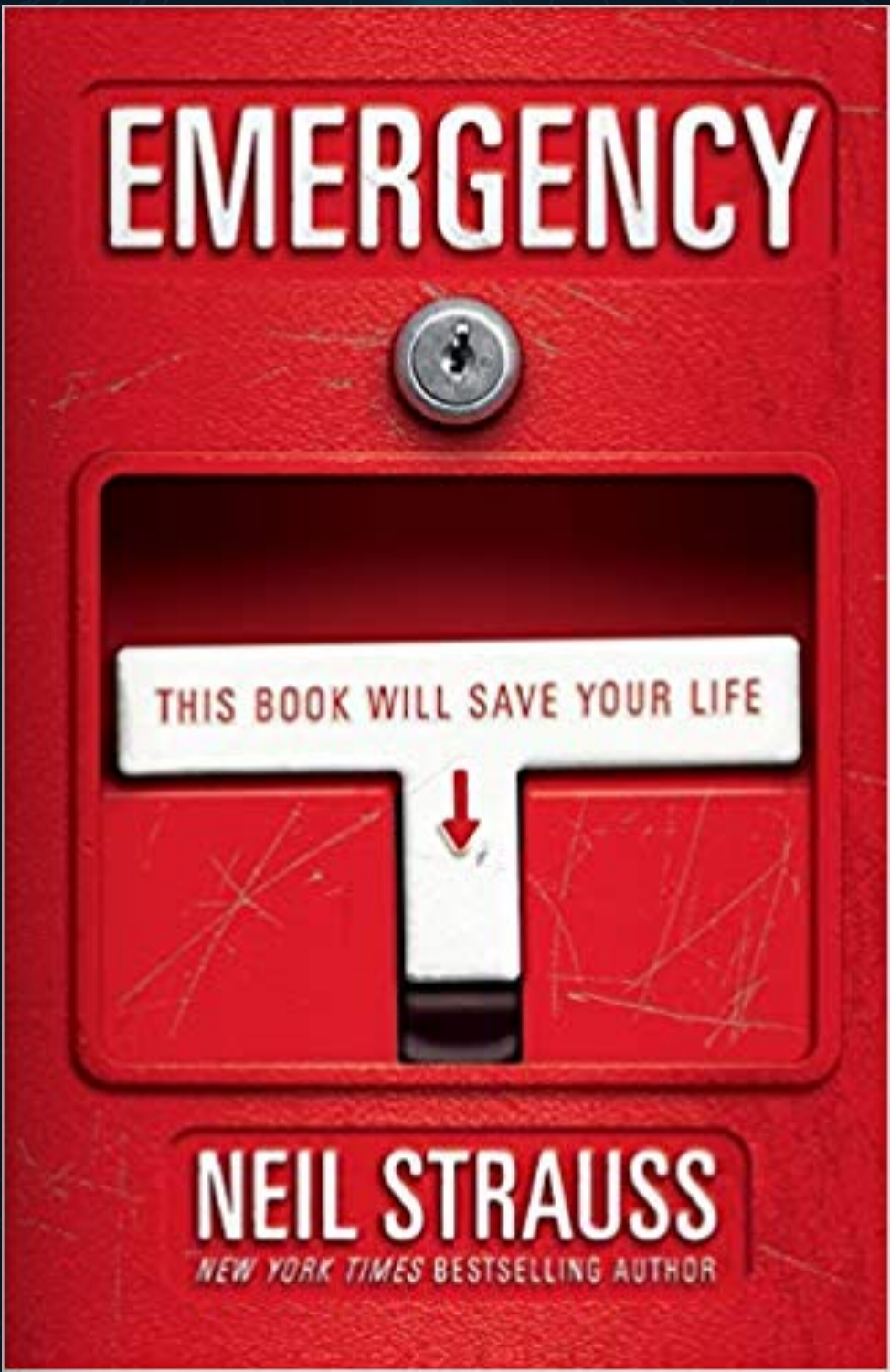
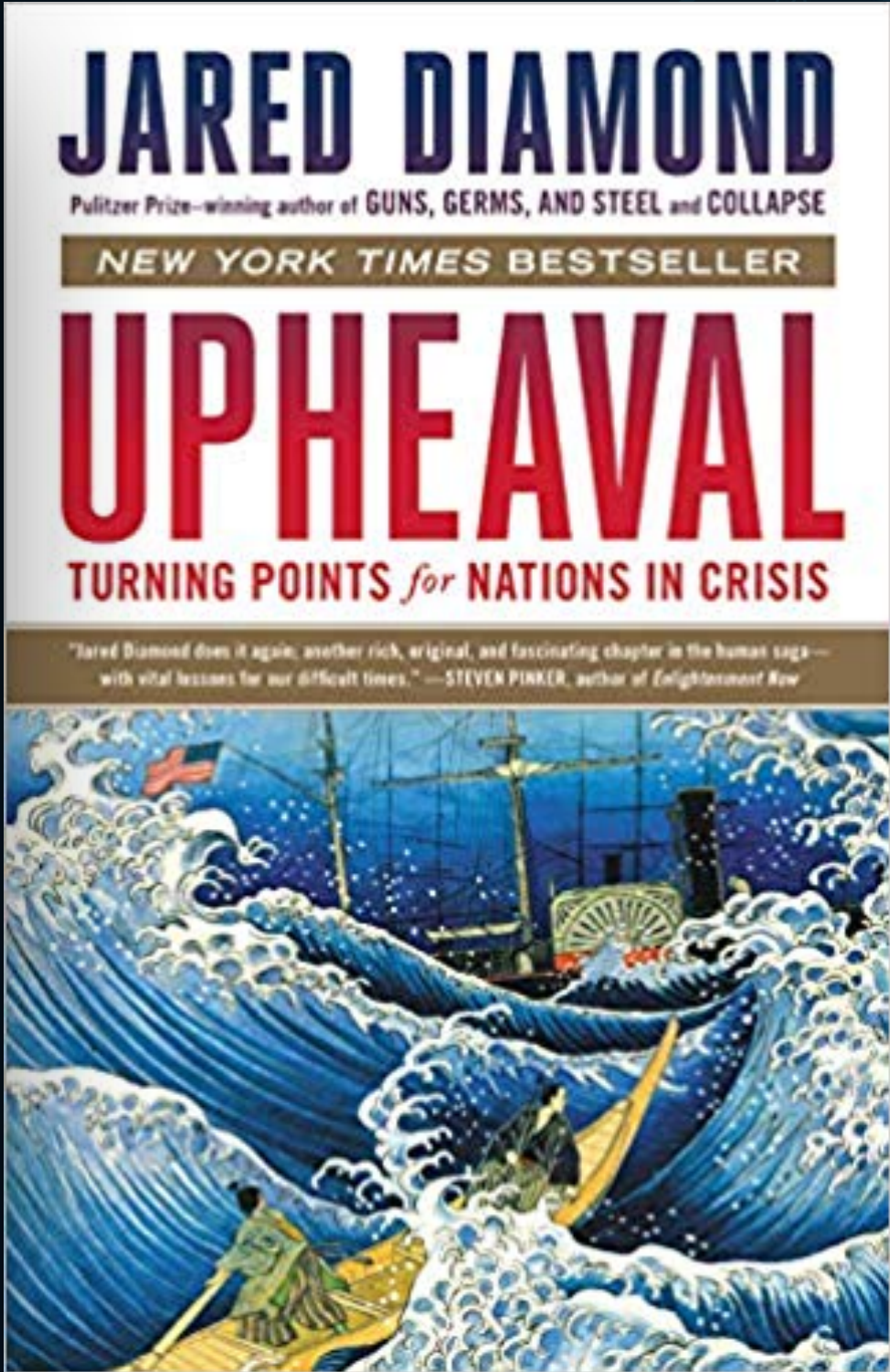
Has the Human Game
Begun to Play Itself Out?

BILL
McKIBBEN

New York Times Bestselling Author of *Eaarth* and *The End of Nature*

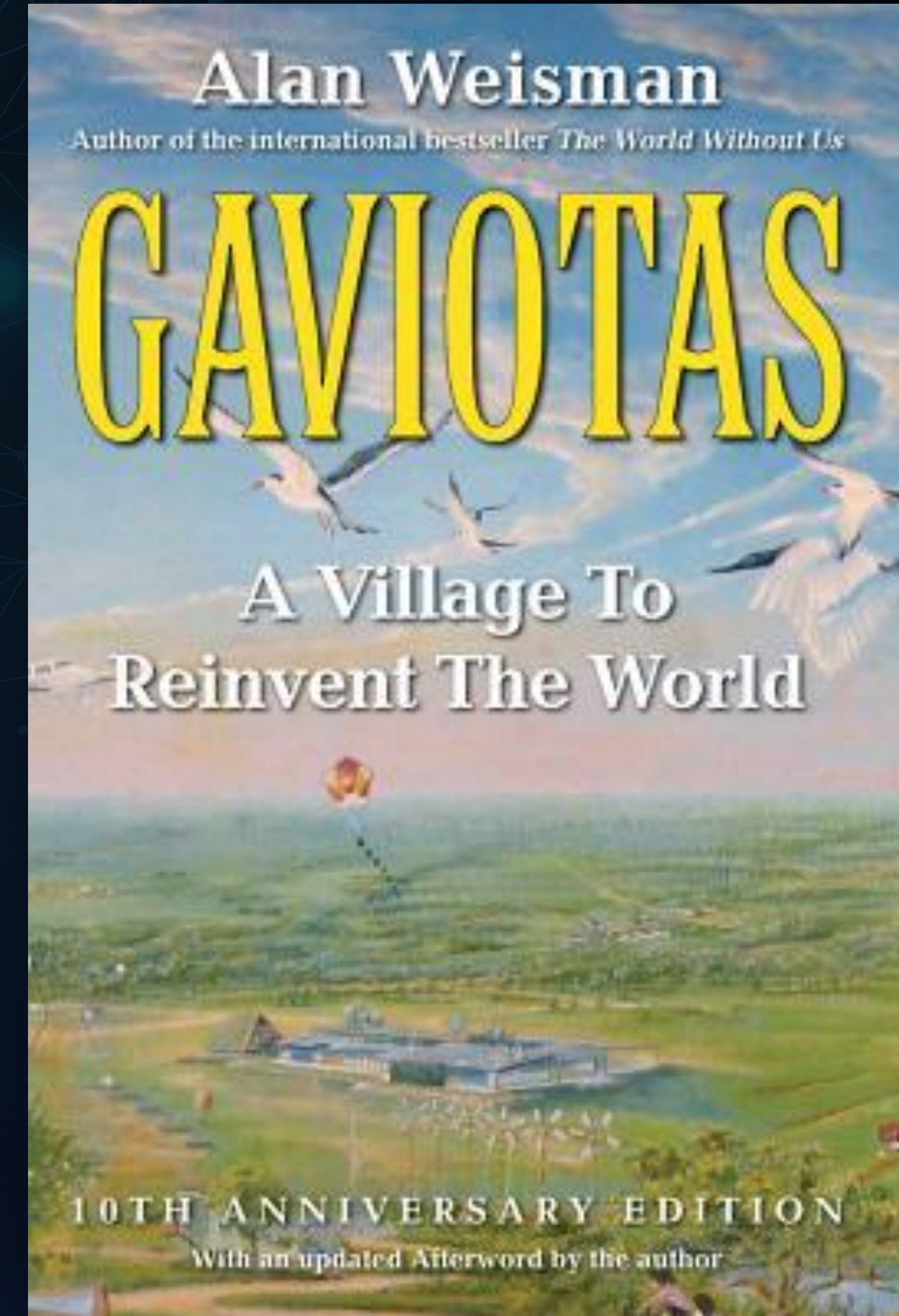
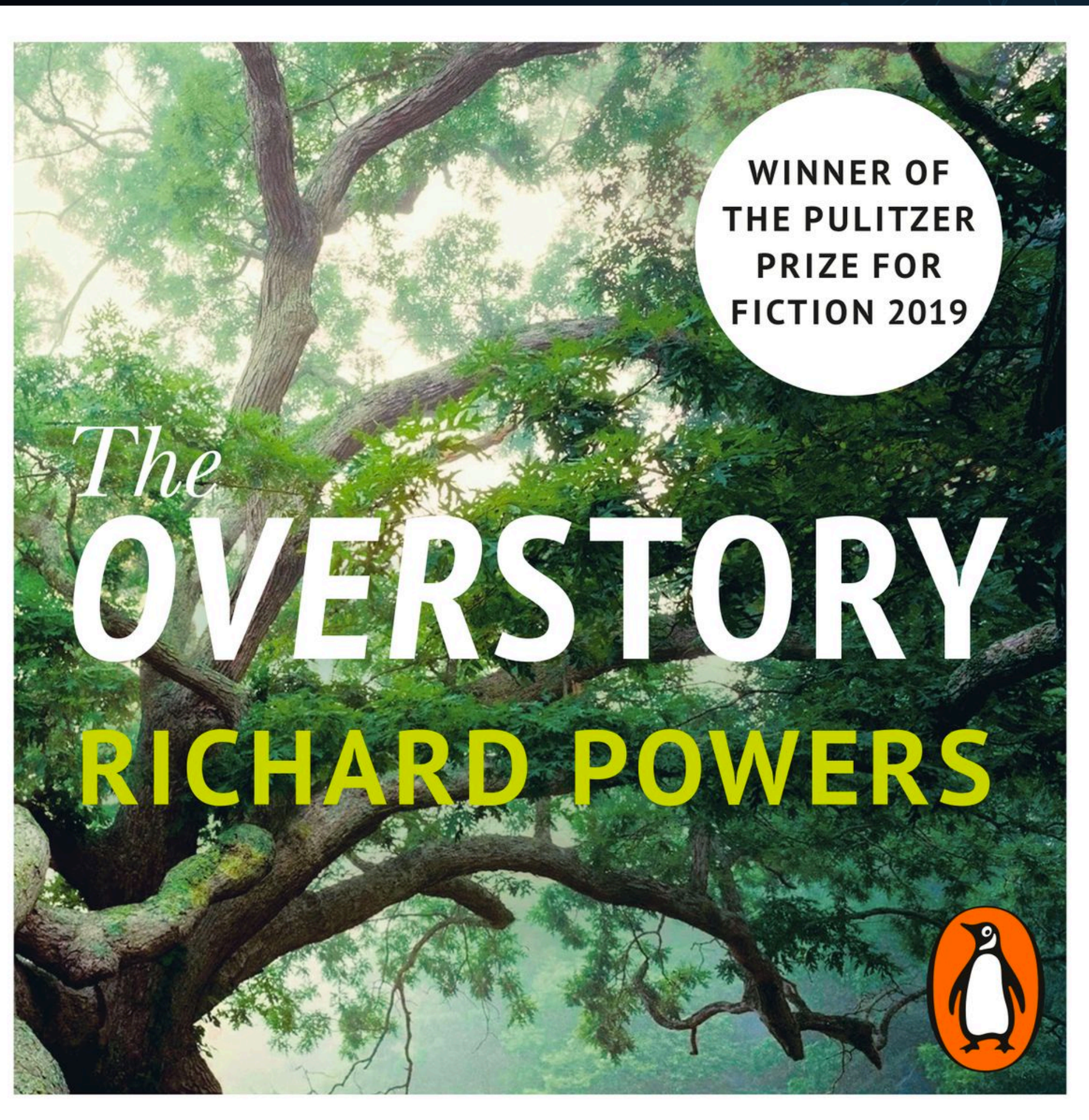
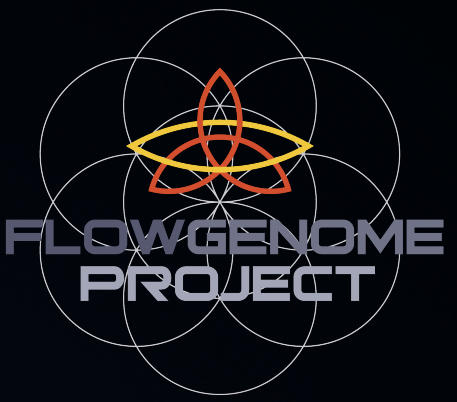
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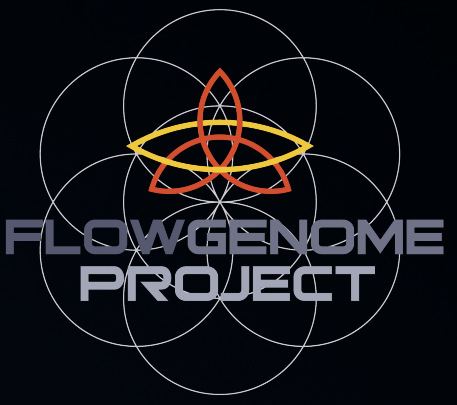


Good News

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Agenda

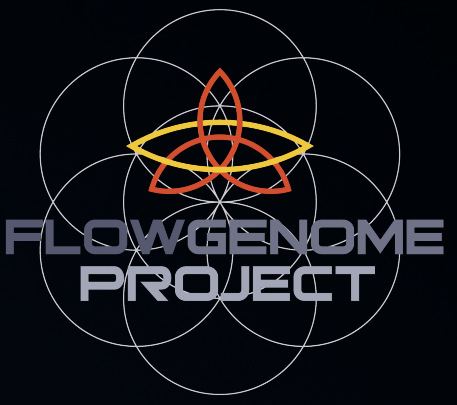


Situational Assessment

Helpful Frames for Improved Sense-Making and Decision Making

Brass Tacks Advice (what to do, what to buy, where to go)

80/20 Preparedness



What is the 20% of readiness that will save 80% of my ass?

If it is Refundable, Repurposeable, or Donatable—do it, buy it, get it NOW

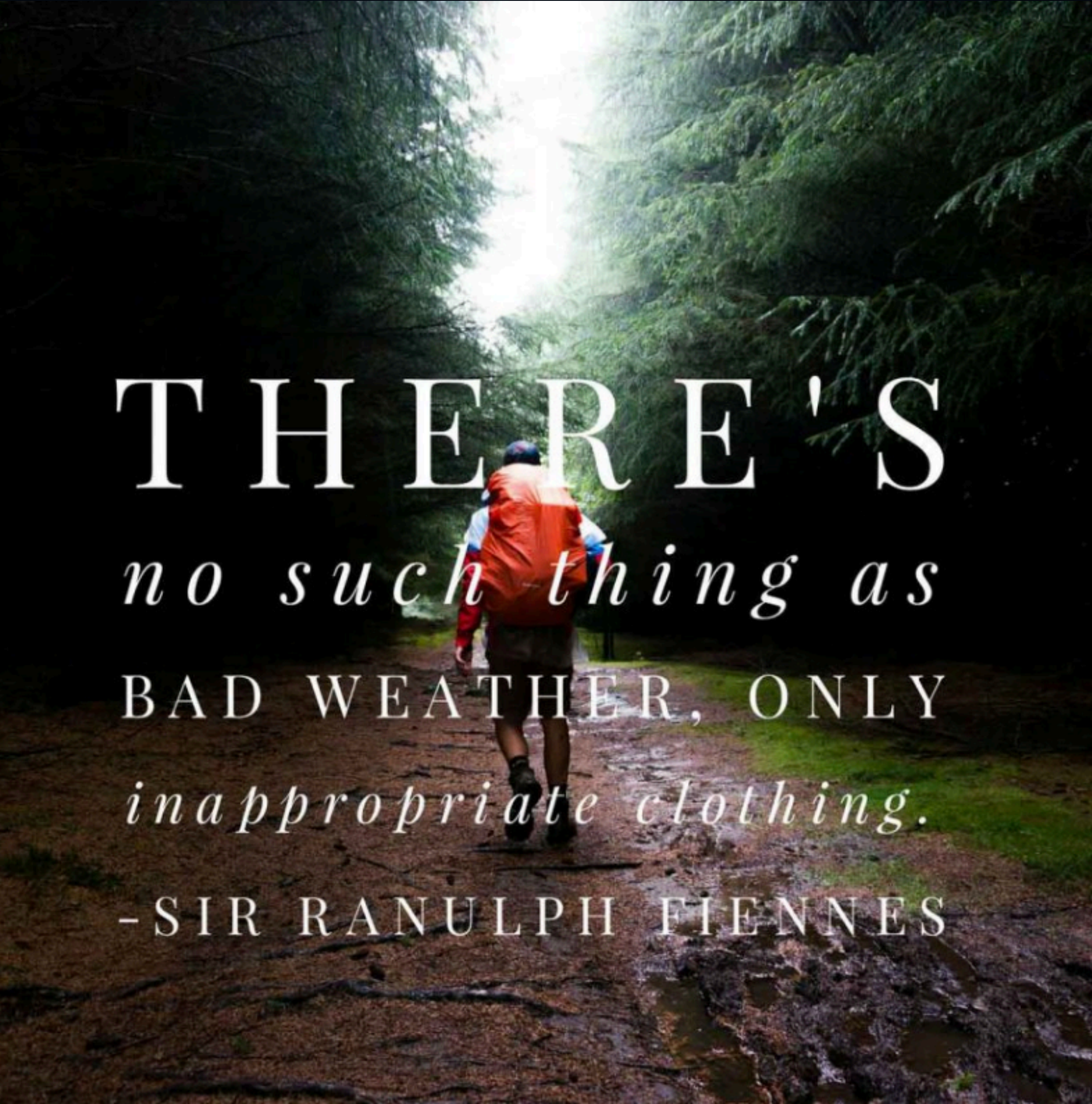
Dynamic Weighting

Availability of Cash,
Credit and Debt

Pricing of Critical Supplies

We are here





THERE'S
no such thing as
BAD WEATHER, ONLY
inappropriate clothing.
- SIR RANULPH FIENNES

Practical Triage



Shopping List

Food+Water (8-12 weeks)

Square Foot Garden/Vertical Garden/Sprouting Trays

Antibiotics (Zpack)

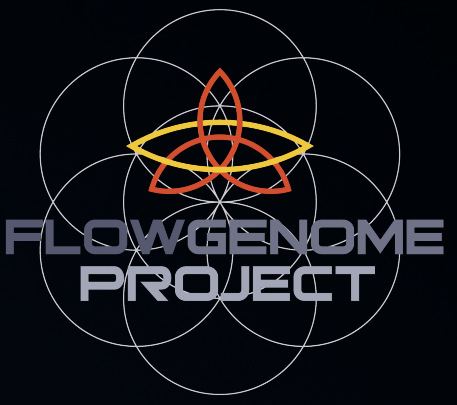
Water filter (Katadyn, MSR, Berkey) & Purification Tablets (ideally quantity)

Hand Crank Emergency AM/FM Weather Radio

Rechargeable Batteries + Solar Light (or mini panel)

- Goal Zero 100W panels (\$300 to charge phones, light iPad)
- Jerry Cans and Bugout Bags
- Pepper Gel Guns and Handheld Tasers
- Cash :)

Mythopoetics



This is the story of how we begin to remember



Soul Force:
The Second Coming
or
The Umpteenth Coming?

In Closing



Stay Awake

Build Stuff

Help Out

"We Are The Ones We've Been
Waiting For" –Alice Walker